

**The Grapevine  
News for the parishes of  
The Carlford Benefice  
May 2016**

**"A wave of prayer...?"**

In the week of May 8th to 15<sup>th</sup>, there will be a 'wave of prayer' throughout the land, in the Church of England and many other churches. This has been requested by Archbishops Justin and John and every Anglican church has been asked to take part. It made me think of a Mexican wave, which is relevant as it is joyful – and can't be done on your own, which reflects our community prayers. And a wave of prayer also made me think of the sea, which is like God, holding us fast in the ebb and flow of our individual lives.

The particular prayer we are asked to pray is the Lord's Prayer and especially 'Thy will be done, thy kingdom come'. It is impossible to overstate the life-transforming power of the Lord's Prayer. It is a prayer that is reassuring enough to be on the lips of the dying and yet dangerous enough to be banned in cinemas. It is famous enough to be spoken every day by billions in hundreds of languages and yet intimate enough to draw us even closer into friendship with Jesus Christ.

What can you do?

- Visit the prayer corners in our churches. Pray the Lord's Prayer there, enjoying the peace and quiet and chance to just 'be'.
- Take our free prayer cards, and pray at home, lighting a candle to help you focus.
- Join our services on Sunday 8th May (see services on separate sheet) and pray with us.
- Read this poem of Mary Oliver's, go for a walk and let it inspire you:

**Praying**

It doesn't have to be  
the blue iris, it could be  
weeds in a vacant lot, or a few  
small stones; just  
pay attention, then patch  
a few words together and don't try  
to make them elaborate, this isn't  
a contest but the doorway  
into thanks, and a silence in which  
another voice may speak.

**Catherine Beaumont**

*As a Ministry Team we share the responsibility for pastoral care. First point of contact is:*

**Ashbocking & Swilland**  
Catherine Beaumont- 01473 890264  
**Clopton & Otley**  
Jane Hall 01473 785251

**Burgh, Boulge & Grundisburgh**  
Clare Sanders 01473 735183  
**Hasketon**  
Wendy Gourlay 01728 685335

## **Services across the Carlford Benefice**

### **May 1st The Sixth Sunday of Easter**

#### **Acts 16:9-15, Psalm 67, John 14:23-29 or John 5:1-9**

8.00am	Holy Communion	Grundisburgh	CS
9.30am	Holy Communion	Burgh	CS
9.30am	Family Service	Hasketon	WG
9.30am	Holy Communion	Swilland	CB
11.00am	Holy Communion	Boulge	WG
11.00am	Family Service	Grundisburgh	CS
11.00am	Family Service	Otley	JaneH

### **May 5th Ascension Day**

#### **Acts 1:1-11, Psalm 47 or Psalm 93, Ephesians 1:15-23, Luke 24:44-53**

8.30am	Holy Communion	Grundisburgh	
7.00pm	Holy Communion	Otley	

### **May 8th The Seventh Sunday of Easter**

#### **Acts 16:16-34, Psalm 97, John 17:20-26**

8.00am	Holy Communion	Grundisburgh	CS
9.30am	Family Service	Clopton	JaneH
9.30am	Parish Eucharist	Hasketon	JW
11.00am	Holy Communion	Ashbocking	CB
11.00am	Holy Communion	Grundisburgh	CS/JamesH
	Parish Eucharist		
6.30pm	Evensong	Boulge	JamesH

### **May 15th Pentecost**

#### **Acts 2:1-21, Psalm 104:24-34,35b, John 14:8-17, (25-27)**

8.00am	Holy Communion	Grundisburgh	CS
9.30am	Family Holy Communion	Burgh	WG
9.30am	Morning Prayer	Hasketon	Lay Led
9.30am	Holy Communion	Otley	CS
11.00am	Holy Communion	Boulge	WG
11.00am	Morning Prayer	Grundisburgh	BH
11.00am	Family Service	Swilland	CS

### **May 22nd Trinity Sunday**

#### **Proverbs 8:1-4,22-31, Psalm 8, Romans 5:1-5, John 16:12-15**

8.00am	Holy Communion	Grundisburgh	CS
9.30am	Morning Prayer	Burgh	RP
9.30am	Family Holy Communion	Hasketon	CS
11.00am	Family Service	Clopton	CS
11.00am	Family Holy Communion	Grundisburgh	JW
6.30pm	Evensong	Otley	CS

### **May 29th Second Sunday After Pentecost**

#### **1 Kings 18:20-21, (22-29), 30-39, Psalm 96, 1 Kings 8:22-23, 41-43 Psalm 96:1-9, Galatians 1:1-12, Luke 7:1-10**

11.00am	Benefice Service	Ashbocking	CB
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Key – CS – Clare Sanders, CB – Catherine Beaumont, WG – Wendy Gourlay, FW – Fred Woods, JW – John Waine, BH – Bill Herbert, MS – Mark Sanders, JaneH – Jane Hall, JamesH – James Hall, RP – Richard Pepper, RF – Robert Fletcher, JaneW – Jane Woods, IW – Ian Wilson, PI – Philip Ind, TBC – To be Confirmed

#### **Other Services in May**

May 2nd	Holy Communion BCP	Hasketon	9.30am
May 4 <sup>th</sup>	Holy Communion BCP	Grundisburgh	9.30am
May 16th	Holy Communion BCP	Hasketon	9.30am

## **Grundisburgh Flower Festival** **Celebrating our Queen's Birthday**

**June 10<sup>th</sup> to 12<sup>th</sup>**

The flower arrangers would appreciate your support  
with refreshments and stewarding.

**Can you help please?**

Contact Pat Fletcher 01473 735 775

## **What's On across the Carlford Benefice**

**2nd Hasketon Plant and Book Sale** 2.30pm Hasketon Village Hall.

**2nd Otley and District Gardening Club**, 6.30pm Visit to Larks' Hill Gardens, Tuddenham St Martin

**3rd Craft and Coffee** at Shrubbery Farm, Hasketon 10.00am – 12 noon.

**4th "Going Deeper" Homegroup**, Manor Farm, The Green, Ashbocking 10.00am.

**4th Grundisburgh Parish Room SWAPSHOP** 10.15am – 11.30am

**4th Meeting with Churchwardens and Ministry Team** Upper Room, Grundisburgh 7.00pm

**6th Ashbocking Coffee Morning** at the home of Brenda Mitchell of Ashbocking Hall Farm 10.30am – 12 noon

**7th Grundisburgh Parish Room Coffee Morning** 10.30am-12.00 noon

**9th Beyond Alpha** 10.30am – 12 noon meets in Grundisburgh Church – see details elsewhere

**9th Knit and Stitch** Burgh Schoolroom 10.30am-12.30pm. All welcome. Details 01473 735544

**9th Benefice Prayer Group** meet in Grundisburgh Upper Room 5.00pm

**9th Archdeacon's Visitation at Hollesley Church** 7.30pm - please support your newly elected Churchwardens as they take up office

**10th Boulge PCC** 2.00pm

**10th GHBu PCCs** meet at Grundisburgh School 7.30pm

**12th COSA Pastoral Committee**

**12th TIDDLYWINKS** Grundisburgh Church **Tiddlywinks** for preschool children 2.30pm

**13th 7.30PM FOBS Quiz** in Burgh Schoolroom

**13th 2<sup>nd</sup> Fridays Group** 7.15pm Hasketon Victory Hall

**16th "Lunar Ladies" Group Meet** 7pm at The Moon and Mushroom, Swilland

**17th Monday House Group**, Grundisburgh 7.30pm

**18th "Going Deeper" Homegroup**, Manor Farm, The Green, Ashbocking 10.00am.

**18th 10.00am-12.00noon Clopton Coffee Morning** in the village hall

**19th Social Bridge** Burgh Schoolroom 7.15pm All levels, tuition available 01473 735544

**20th Grundisburgh Church Concert** – see details elsewhere

**21st 9.30am** in Grundisburgh Parish Rooms **Contented Dementia Trust** – see details elsewhere

**23rd Beyond Alpha** 10.30am – 12 noon meets in Grundisburgh Church – see details elsewhere

**26th 10.00am Otley Coffee Morning** at the home of Peter and Gerry Senior of Field View, Helmingham Road, Otley

**26th Hasketon Community Lunch** 12.15pm

**26th TIDDLYWINKS** Grundisburgh Church **Tiddlywinks** for preschool children 2.30pm

**26th 7.30pm COSA PCCs meet** at Clopton Village Hall

**28th Baptism of Florence Hirst** at Grundisburgh Church

**28th – 30th Clopton Flower Festival** 10am – 5pm each day – see details elsewhere

#### **Dates for your diary...**

**4<sup>th</sup> June Swilland Coffee Morning** at the home of Ann Kent of Red Court, Swilland 10.00am – 11.30am

# Grundisburgh Church Concert

Friday  
May 20<sup>th</sup>

7.30pm

Solo Singers of Suffolk

present a varied programme of popular  
operatic classics and musical theatre  
interspersed with well-loved  
traditional songs.

Programmes at the door

Refreshments

Tickets from Olde Forge Stores  
and at the door

£10 and £7.00 concessions

All proceeds to St Elizabeth's Hospice and  
Grundisburgh Church

Enquiries Charmian Wells [01473 735143](tel:01473735143)



## BURGH EVENTS

**Monday 9th May** - Burgh Schoolroom  
10.30am Knit and Stitch  
all welcome help available

**Friday 13th May**  
Fun Quiz Night Burgh Schoolroom  
7.15pm for 7.30pm £2.00 per person  
To reserve seat phone  
Sally 738887 or Anne 735544  
Nibbles provided, BYO alcohol,  
Tea/coffee/soft drinks provided

**Thursday 19th May**  
7.00pm for 7.30pm  
Social Bridge tuition available  
Phone Sally 738877 or Anne 735544

**Sunday June 19th**  
A Challenge for St. Botolph's Burgh to have one  
person for every year of the Queen's life in  
Church for the Queen's Birthday Service at  
11am. 90 year olds are going to be  
ESPECIALLY welcome!!

**Saturday 30th July**  
Garden Party in aid of St. Botolph's to be held at  
Burgh Croft at 2pm. Music, tea, Bucks Fizz and  
Punch and Judy.

Don't forget the Bike Ride on  
**September 10th**  
Burgh needs lots of cyclists please

## BBC

### Bible Book Club

A small group - those of faith, agnostics, &  
atheists -interested in the historical context  
of Christian literature.

We meet in Grundisburgh on the third  
Tuesday of just four months each year, our  
next meeting will be on July 19<sup>th</sup> 2016 at  
10.30am

We are discussing '**The Greatest Prayer**'  
by **John Dominic Crossan**.

Why not get a copy and start reading now,  
we would be very pleased to have you come  
along. Please let us know if you would like to  
join us.

[paulwiffen222@btinternet.com](mailto:paulwiffen222@btinternet.com) or  
01473738474

**Otley and District Gardening Club**  
7.30pm on the first Monday of each month



Otley Village Hall, Chapel Road, Otley  
Invited speakers on a wide range of subjects

### **DATE FOR YOUR DIARIES**

24th September - Trip to Beth Chatto Gardens, Essex

COACH DAY-TRIP - to see the lovely Beth Chatto Gardens in late summer colour.

GREAT VALUE - Cost only £15 inclusive of coach and garden entrance (normally £6.95)

For details contact  
Alan Trevelyan on [01473 890563](tel:01473890563)

### **2<sup>ND</sup> FRIDAYS**

#### **Hasketon Victory Hall**

You are very welcome to join us for  
Ploughman's Supper 7.15pm £5 each

Please let **Katherine Smith – 01473 735579**  
know if you wish to come

**May 13th** "My Life So Far"  
a talk by Don Andrews about life in the  
countryside and things of yesteryear.

### **Come & join the Celebration**

#### **The Queen's 90<sup>th</sup> Birthday**

We are planning a celebration of the Queen's 90th Birthday in Otley on SUNDAY 12<sup>th</sup> JUNE & you are invited to be part of the BIG LUNCH event which will include:-

- 11.30 am Open air service of thanksgiving
- 12.30 pm Big Lunch (BYO picnic & drinks, rugs or chairs, no BBQ's please) & a children's treasure Hunt
- 1.30 pm Activities on the playing field including:-
  - Rounders
  - Races & games
  - Tug of war
  - Apple bobbing

There will also be an Exhibition of Otley in the last 9 decades & a variety of competitions in OVH –

- 4 pm Community tea – (BYO cup & saucer) in the car park



### **FANCY A COFFEE?**



We have opportunities, throughout May, at

**Ashbocking** –Friday 6th at the home of Brenda Mitchell of Ashbocking Hall Farm  
10.30am – 12 noon

**Clopton** –Wednesday 18<sup>th</sup> at the Village Hall 10am – 12 noon

**Grundisburgh** – Wednesday 4<sup>th</sup> 10.15am – 11.30am and then Saturday 7<sup>th</sup> at 10.30am-12 noon  
at Grundisburgh Parish Rooms

**Hasketon** – Tuesday 3<sup>rd</sup> at Shrubbery Farm, Hasketon 10.00am – 12 noon

**Otley** – Thursday 26<sup>th</sup> at the home of Peter and Gerry Senior of Field View, Helmingham Road,  
Otley 10.00am-12 noon

**Swilland** – There is not one in May but the next is  
Saturday 4<sup>th</sup> June at 10.00am – 11.30am at the home of Ann Kent of Red Court, Swilland

**CONTENTED DEMENTIA TRUST**  
**presents**  
**'Understanding Dementia'**

Grundisburgh Parish Room  
Saturday May 21<sup>st</sup> 9.30am- 12.30pm

The first step towards lifelong well-being  
An introduction to The SPECAL® Method  
For everyone who knows and cares for  
someone with dementia

The SPECAL® method offers a simple way of  
understanding how dementia is experienced  
by the person with the condition.

This short presentation shows how the  
introduction of simple SPECAL skills can  
change life for the better for the person with  
dementia and everyone concerned with their  
well-being.

The three hour session will cover:

- The SPECAL Photograph Album  
understanding of dementia
- How normal memory works
- The impact of ageing
- The single, dramatic change  
introduced by dementia
- SPECAL's Three Golden Rules for  
communication

**"LUNAR LADIES"**

The 1st "Lunar Ladies", Girls Only, Night  
held at the Moon and Mushroom Swilland on  
the 4th April, exceeded all expectations when  
31 ladies left the men folk at home!

Thank you for so many lovely emails for  
commenting on what a good night it was.

The Next meeting will be held on  
**Monday 16th May**  
at 7pm at the Moon and Mushroom

The speaker will be Terri Thorpe Her subject  
will be "A Way of Seeing" A photographers  
perspective of life through a lens.  
Cost £10 which includes a hot supper with  
Pud.

Places do need to be booked, via  
[gina.wilden@btinternet.com](mailto:gina.wilden@btinternet.com)  
Tel [01473 785577](tel:01473785577) or  
drop in to the moon and mushroom.



**BOOKS IN BLOOM**

Clopton Church Flower Festival

Saturday 28th, Sunday 29th, Monday 30th May

10am until 5pm each day

Refreshments

B1079 Grundisburgh Road IP 13 6 QB



**'Beyond Alpha' – Spring 2016**  
**What do we really know about**  
**these Bible topics...?**

Held at Grundisburgh Church (Coffee area), 10.30  
– 12.00 on **May 9<sup>th</sup> & 23<sup>rd</sup> and June 6<sup>th</sup>**

The meetings will be facilitated by Revd Wendy  
Gourlay. Tea and coffee will be available and a  
warm welcome to all. A small charge of £1 per  
session covers costs.

In the remaining sessions we will consider - 'What  
do we really know about:

**Session 3** – May 9<sup>th</sup> **Biblical Topic** – Jesus according to  
John

**Session 4** – May 23<sup>rd</sup> **Biblical Topic** – ppt. Presentation  
'Three Jewish Philosophies'

**Session 5** - June 06<sup>th</sup> **Biblical Topic** – "Sell your  
possessions & give to the poor"

**Haven't been along yet, why ever not? Join us**  
**this Spring 2016**

Enquiries: Paul on: 01473 738474 or  
[paulwiffen222@btinternet.com](mailto:paulwiffen222@btinternet.com)

**Monday House Group**  
**Grundisburgh**

We meet next at 7.30pm  
on

Tuesday May 17<sup>th</sup> and Monday June 13<sup>th</sup>

Looking at the NOOMA series of short films that explore  
our world from a perspective of Jesus.

An invitation to search, question and join the  
discussion.

Contact Robert 01473 735 775





## **Traidcraft Stalls**

### **In Grundisburgh Every Month**

1st Saturday Coffee Morning 10.30 Parish Room

1st Sunday & 2nd Sunday in St. Mary's

at 12.00 after morning service

*Chocolate – Cleaning materials – Grocery*

*Greetings Cards – Socks – Gifts*

*Catalogues in St. Mary's*

*Look for Special Offers*

***Come & Buy & Support the Farmers & Artisans***

For info contact Pat Fletcher 01473 735 775

Thank you for your support.



## **SIGNPOST**

This month we are signposting

May 8<sup>th</sup>-15<sup>th</sup> is a week in which we are encouraged especially to pray "Thy kingdom come, thy will be done"

Resources, ideas and encouragement can be found at "[www.thykingdom.co.uk](http://www.thykingdom.co.uk)"

## **TIDDLYWINKS**

Meets on the 2<sup>nd</sup> and 4<sup>th</sup> Thursday of the month at 2.30pm during term time and is for babies and pre school children and their carers.

We meet in Grundisburgh Church and enjoy stories, songs and activities, along with drinks and refreshments

Come and Join Us!



## **LETTER FROM THE RECTOR.....**

Instead of our usual Letter from the Rector, this month we have messages from Nicky in Grundisburgh and Nigel of Otley about the forthcoming Christian Aid Week. Please if you can help, do get in touch.

Most of us are hard wired to try and improve our lives. This may be apparent in the big decisions we make such as continuing with our education, or just in little every day matters like working late in the evening to ensure our children have clean clothes to wear the next day. Increasingly, however we are seeing people across the world, for whom self- improvement comes at a cost- involving the desperate step of leaving their homes.

Christian aid seeks to help improve people's lives so that they do not have to make this terrible decision, so that they can make a decent life for themselves and their families where they are. For example in Bangladesh, where climate change means sea levels are rising, Christian aid is helping people to build homes that are safe from flooding and for one woman who lived in fear of the river near her home, she said, 'What I have received from Christian Aid has changed my life. It is a blessing.'

*Nicky Seabrook*

Please support this annual fund-raising event. Christian aid week will be held from 15<sup>th</sup> to 21<sup>st</sup> May. Donation envelopes will be delivered to each home prior to this period, and collected by volunteers a few days later. It will greatly benefit the total collected if donors also complete the Gift Aid form attached to the envelope. if you can this year by giving generously in the envelope that will be put through each door. Contact Nicky Seabrook on 01473 735131 or Nigel Crowley on 01473 890546 if you would like to help with the distribution or collection of envelopes.

Special Christian Aid themed services will be held in Otley church on Sunday 1st May, and Sunday 15th May. A soup and bread lunch, in aid of Christian Aid, will be served at 10 Spring Park (the home of Pauline and Nigel Crowley), on Tuesday 17th May, from 12.30 pm. Christian Aid's mission is to 'Follow in Jesus' footsteps, and love every neighbour. To help people in poverty out of poverty.'

Please give generously, thank you.

*Nigel Crowley*

**From the Editor** The cut off date for material to be included is the 8<sup>th</sup> of the month and material should be sent to Clare at [revclaresanders@tiscali.co.uk](mailto:revclaresanders@tiscali.co.uk) & Amy at [bakergirl174@gmail.com](mailto:bakergirl174@gmail.com) please.