

**The Grapevine
News for the parishes of
The Carlford Benefice
May 2016**

"A wave of prayer...?"

In the week of May 8th to 15th, there will be a 'wave of prayer' throughout the land, in the Church of England and many other churches. This has been requested by Archbishops Justin and John and every Anglican church has been asked to take part. It made me think of a Mexican wave, which is relevant as it is joyful – and can't be done on your own, which reflects our community prayers. And a wave of prayer also made me think of the sea, which is like God, holding us fast in the ebb and flow of our individual lives.

The particular prayer we are asked to pray is the Lord's Prayer and especially 'Thy will be done, thy kingdom come'. It is impossible to overstate the life-transforming power of the Lord's Prayer. It is a prayer that is reassuring enough to be on the lips of the dying and yet dangerous enough to be banned in cinemas. It is famous enough to be spoken every day by billions in hundreds of languages and yet intimate enough to draw us even closer into friendship with Jesus Christ.

What can you do?

- Visit the prayer corners in our churches. Pray the Lord's Prayer there, enjoying the peace and quiet and chance to just 'be'.
- Take our free prayer cards, and pray at home, lighting a candle to help you focus.
- Join our services on Sunday 8th May (see services on separate sheet) and pray with us.
- Read this poem of Mary Oliver's, go for a walk and let it inspire you:

Praying

It doesn't have to be
the blue iris, it could be
weeds in a vacant lot, or a few
small stones; just
pay attention, then patch
a few words together and don't try
to make them elaborate, this isn't
a contest but the doorway
into thanks, and a silence in which
another voice may speak.

Catherine Beaumont

As a Ministry Team we share the responsibility for pastoral care. First point of contact is:

Ashbocking & Swilland
Catherine Beaumont- 01473 890264
Clopton & Otley
Jane Hall 01473 785251

Burgh, Boulge & Grundisburgh
Clare Sanders 01473 735183
Hasketon
Wendy Gourlay 01728 685335

Services across the Carlford Benefice

May 1st The Sixth Sunday of Easter

Acts 16:9-15, Psalm 67, John 14:23-29 or John 5:1-9

8.00am	Holy Communion	Grundisburgh	CS
9.30am	Holy Communion	Burgh	CS
9.30am	Family Service	Hasketon	WG
9.30am	Holy Communion	Swilland	CB
11.00am	Holy Communion	Boulge	WG
11.00am	Family Service	Grundisburgh	CS
11.00am	Family Service	Otley	JaneH

May 5th Ascension Day

Acts 1:1-11, Psalm 47 or Psalm 93, Ephesians 1:15-23, Luke 24:44-53

8.30am	Holy Communion	Grundisburgh	
7.00pm	Holy Communion	Otley	

May 8th The Seventh Sunday of Easter

Acts 16:16-34, Psalm 97, John 17:20-26

8.00am	Holy Communion	Grundisburgh	CS
9.30am	Family Service	Clopton	JaneH
9.30am	Parish Eucharist	Hasketon	JW
11.00am	Holy Communion	Ashbocking	CB
11.00am	Holy Communion	Grundisburgh	CS/JamesH
	Parish Eucharist		
6.30pm	Evensong	Boulge	JamesH

May 15th Pentecost

Acts 2:1-21, Psalm 104:24-34,35b, John 14:8-17, (25-27)

8.00am	Holy Communion	Grundisburgh	CS
9.30am	Family Holy Communion	Burgh	WG
9.30am	Morning Prayer	Hasketon	Lay Led
9.30am	Holy Communion	Otley	CS
11.00am	Holy Communion	Boulge	WG
11.00am	Morning Prayer	Grundisburgh	BH
11.00am	Family Service	Swilland	CS

May 22nd Trinity Sunday

Proverbs 8:1-4,22-31, Psalm 8, Romans 5:1-5, John 16:12-15

8.00am	Holy Communion	Grundisburgh	CS
9.30am	Morning Prayer	Burgh	RP
9.30am	Family Holy Communion	Hasketon	CS
11.00am	Family Service	Clopton	CS
11.00am	Family Holy Communion	Grundisburgh	JW
6.30pm	Evensong	Otley	CS

May 29th Second Sunday After Pentecost

1 Kings 18:20-21, (22-29), 30-39, Psalm 96, 1 Kings 8:22-23, 41-43 Psalm 96:1-9, Galatians 1:1-12, Luke 7:1-10

11.00am	Benefice Service	Ashbocking	CB
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Key - CS - Clare Sanders, CB - Catherine Beaumont, WG - Wendy Gourlay, FW - Fred Woods, JW - John Waine, BH - Bill Herbert, MS - Mark Sanders, JaneH - Jane Hall, JamesH - James Hall, RP - Richard Pepper, RF - Robert Fletcher, JaneW - Jane Woods, IW - Ian Wilson, PI - Philip Ind, TBC - To be Confirmed

Other Services in May

May 2nd	Holy Communion BCP	Hasketon	9.30am
May 4th	Holy Communion BCP	Grundisburgh	9.30am
May 16th	Holy Communion BCP	Hasketon	9.30am

Grundisburgh Flower Festival **Celebrating our Queen's Birthday**

June 10th to 12th

The flower arrangers would appreciate your support
with refreshments and stewarding.

Can you help please?

Contact Pat Fletcher 01473 735 775

What's On across the Carlford Benefice

2nd Hasketon Plant and Book Sale 2.30pm Hasketon Village Hall.

2nd Otley and District Gardening Club, 6.30pm Visit to Larks' Hill Gardens, Tuddenham St Martin

3rd Craft and Coffee at Shrubbery Farm, Hasketon 10.00am - 12 noon.

4th "Going Deeper" Homegroup, Manor Farm, The Green, Ashbocking 10.00am.

4th Grundisburgh Parish Room SWAPSHOP 10.15am - 11.30am

4th Meeting with Churchwardens and Ministry Team Upper Room, Grundisburgh 7.00pm

6th Ashbocking Coffee Morning at the home of Brenda Mitchell of Ashbocking Hall Farm 10.30am - 12 noon

7th Grundisburgh Parish Room Coffee Morning 10.30am-12.00 noon

9th Beyond Alpha 10.30am - 12 noon meets in Grundisburgh Church - see details elsewhere

9th Knit and Stitch Burgh Schoolroom 10.30am-12.30pm. All welcome. Details 01473 735544

9th Benefice Prayer Group meet in Grundisburgh Upper Room 5.00pm

9th Archdeacon's Visitation at Hollesley Church 7.30pm - please support your newly elected

Churchwardens as they take up office

10th Boulge PCC 2.00pm

10th GHBu PCCs meet at Grundisburgh School 7.30pm

12th COSA Pastoral Committee

12th TIDDLYWINKS Grundisburgh Church **Tiddlywinks** for preschool children 2.30pm

13th 7.30PM FOBS Quiz in Burgh Schoolroom

13th 2nd Fridays Group 7.15pm Hasketon Victory Hall

16th "Lunar Ladies" Group Meet 7pm at The Moon and Mushroom, Swilland

17th Monday House Group, Grundisburgh 7.30pm

18th "Going Deeper" Homegroup, Manor Farm, The Green, Ashbocking 10.00am.

18th 10.00am-12.00noon Clopton Coffee Morning in the village hall

19th Social Bridge Burgh Schoolroom 7.15pm All levels, tuition available 01473 735544

20th Grundisburgh Church Concert - see details elsewhere

21st 9.30am in Grundisburgh Parish Rooms **Contented Dementia Trust** - see details elsewhere

23rd Beyond Alpha 10.30am - 12 noon meets in Grundisburgh Church - see details elsewhere

26th 10.00am Otley Coffee Morning at the home of Peter and Gerry Senior of Field View, Helmingham Road, Otley

26th Hasketon Community Lunch 12.15pm

26th TIDDLYWINKS Grundisburgh Church **Tiddlywinks** for preschool children 2.30pm

26th 7.30pm COSA PCCs meet at Clopton Village Hall

28th Baptism of Florence Hirst at Grundisburgh Church

28th - 30th Clopton Flower Festival 10am - 5pm each day - see details elsewhere

Dates for your diary...

4th June Swilland Coffee Morning at the home of Ann Kent of Red Court, Swilland 10.00am - 11.30am

Grundisburgh Church Concert

Friday
May 20th

7.30pm

Solo Singers of Suffolk

present a varied programme of popular
operatic classics and musical theatre
interspersed with well-loved
traditional songs.

Programmes at the door

Refreshments

Tickets from Olde Forge Stores
and at the door

£10 and £7.00 concessions

All proceeds to St Elizabeth's Hospice and
Grundisburgh Church

Enquiries Charmian Wells [01473 735143](tel:01473735143)



BURGH EVENTS

Monday 9th May - Burgh Schoolroom
10.30am Knit and Stitch
all welcome help available

Friday 13th May
Fun Quiz Night Burgh Schoolroom
7.15pm for 7.30pm £2.00 per person
To reserve seat phone
Sally 738887 or Anne 735544
Nibbles provided, BYO alcohol,
Tea/coffee/soft drinks provided

Thursday 19th May
7.00pm for 7.30pm
Social Bridge tuition available
Phone Sally 738877 or Anne 735544

Sunday June 19th
A Challenge for St. Botolph's Burgh to have one
person for every year of the Queen's life in
Church for the Queen's Birthday Service at
11am. 90 year olds are going to be
ESPECIALLY welcome!!

Saturday 30th July
Garden Party in aid of St. Botolph's to be held at
Burgh Croft at 2pm. Music, tea, Bucks Fizz and
Punch and Judy.

Don't forget the Bike Ride on
September 10th
Burgh needs lots of cyclists please

BBC

Bible Book Club

A small group - those of faith, agnostics, &
atheists -interested in the historical context
of Christian literature.

We meet in Grundisburgh on the third
Tuesday of just four months each year, our
next meeting will be on July 19th 2016 at
10.30am

We are discussing '**The Greatest Prayer**'
by **John Dominic Crossan**.

Why not get a copy and start reading now,
we would be very pleased to have you come
along. Please let us know if you would like to
join us.

paulwiffen222@btinternet.com or
01473738474

Otley and District Gardening Club
7.30pm on the first Monday of each month



Otley Village Hall, Chapel Road, Otley
Invited speakers on a wide range of subjects

DATE FOR YOUR DIARIES

24th September - Trip to Beth Chatto Gardens, Essex

COACH DAY-TRIP - to see the lovely Beth Chatto Gardens in late summer colour.

GREAT VALUE - Cost only £15 inclusive of coach and garden entrance (normally £6.95)

For details contact
Alan Trevelyan on [01473 890563](tel:01473890563)

2ND FRIDAYS

Hasketon Victory Hall

You are very welcome to join us for
Ploughman's Supper 7.15pm £5 each

Please let **Katherine Smith – 01473 735579**
know if you wish to come

May 13th "My Life So Far"
a talk by Don Andrews about life in the
countryside and things of yesteryear.

Come & join the Celebration

The Queen's 90th Birthday

We are planning a celebration of the Queen's 90th Birthday in Otley on SUNDAY 12th JUNE & you are invited to be part of the BIG LUNCH event which will include:-

- 11.30 am Open air service of thanksgiving
- 12.30 pm Big Lunch (BYO picnic & drinks, rugs or chairs, no BBQ's please) & a children's treasure Hunt
- 1.30 pm Activities on the playing field including:-
 - Rounders
 - Races & games
 - Tug of war
 - Apple bobbing

There will also be an Exhibition of Otley in the last 9 decades & a variety of competitions in OVH –

- 4 pm Community tea – (BYO cup & saucer) in the car park



FANCY A COFFEE?

We have opportunities, throughout May, at

Ashbocking –Friday 6th at the home of Brenda Mitchell of Ashbocking Hall Farm
10.30am – 12 noon

Clopton –Wednesday 18th at the Village Hall 10am – 12 noon

Grundisburgh – Wednesday 4th 10.15am – 11.30am and then Saturday 7th at 10.30am-12 noon
at Grundisburgh Parish Rooms

Hasketon – Tuesday 3rd at Shrubbery Farm, Hasketon 10.00am – 12 noon

Otley – Thursday 26th at the home of Peter and Gerry Senior of Field View, Helmingham Road,
Otley 10.00am-12 noon

Swilland – There is not one in May but the next is
Saturday 4th June at 10.00am – 11.30am at the home of Ann Kent of Red Court, Swilland

CONTENTED DEMENTIA TRUST

presents

'Understanding Dementia'

Grundisburgh Parish Room
Saturday May 21st 9.30am- 12.30pm

The first step towards lifelong well-being
An introduction to The SPECAL[®] Method
For everyone who knows and cares for
someone with dementia

The SPECAL[®] method offers a simple way of
understanding how dementia is experienced
by the person with the condition.

This short presentation shows how the
introduction of simple SPECAL skills can
change life for the better for the person with
dementia and everyone concerned with their
well-being.

The three hour session will cover:

- The SPECAL Photograph Album
understanding of dementia
- How normal memory works
- The impact of ageing
- The single, dramatic change
introduced by dementia
- SPECAL's Three Golden Rules for
communication

"LUNAR LADIES"

The 1st "Lunar Ladies", Girls Only, Night
held at the Moon and Mushroom Swiland on
the 4th April, exceeded all expectations when
31 ladies left the men folk at home!

Thank you for so many lovely emails for
commenting on what a good night it was.

The Next meeting will be held on
Monday 16th May
at 7pm at the Moon and Mushroom

The speaker will be Terri Thorpe Her subject
will be "A Way of Seeing" A photographers
perspective of life through a lens.
Cost £10 which includes a hot supper with
Pud.

Places do need to be booked, via
gina.wilden@btinternet.com
Tel [01473 785577](tel:01473785577) or
drop in to the moon and mushroom.



BOOKS IN BLOOM

Clopton Church Flower Festival

Saturday 28th, Sunday 29th, Monday 30th May

10am until 5pm each day

Refreshments

B1079 Grundisburgh Road IP 13 6 QB



'Beyond Alpha' – Spring 2016 What do we really know about these Bible topics...?

Held at Grundisburgh Church (Coffee area), 10.30
– 12.00 on **May 9th & 23rd and June 6th**

The meetings will be facilitated by Revd Wendy
Gourlay. Tea and coffee will be available and a
warm welcome to all. A small charge of £1 per
session covers costs.

In the remaining sessions we will consider - 'What
do we really know about:

Session 3 – May 9th **Biblical Topic** – Jesus according to
John

Session 4 – May 23rd **Biblical Topic** – ppt. Presentation
'Three Jewish Philosophies'

Session 5 - June 06th **Biblical Topic** – "Sell your
possessions & give to the poor"

**Haven't been along yet, why ever not? Join us
this Spring 2016**

Enquiries: Paul on: 01473 738474 or
paulwiffen222@btinternet.com

Monday House Group Grundisburgh

We meet next at 7.30pm
on

Tuesday May 17th and Monday June 13th

Looking at the NOOMA series of short films that explore
our world from a perspective of Jesus.

An invitation to search, question and join the
discussion.

Contact Robert 01473 735 775



Traidcraft Stalls

In Grundisburgh Every Month

1st Saturday Coffee Morning 10.30 Parish Room

1st Sunday & 2nd Sunday in St. Mary's

at 12.00 after morning service

Chocolate – Cleaning materials – Grocery

Greetings Cards – Socks – Gifts

Catalogues in St. Mary's

Look for Special Offers

Come & Buy & Support the Farmers & Artisans

For info contact Pat Fletcher 01473 735 775

Thank you for your support.



SIGNPOST

This month we are signposting

May 8th-15th is a week in which we are encouraged especially to pray "Thy kingdom come, thy will be done"

Resources, ideas and encouragement can be found at "www.thykingdom.co.uk"

TIDDLYWINKS

Meets on the 2nd and 4th Thursday of the month at 2.30pm during term time and is for babies and pre school children and their carers.

We meet in Grundisburgh Church and enjoy stories, songs and activities, along with drinks and refreshments

Come and Join Us!



LETTER FROM THE RECTOR.....

Instead of our usual Letter from the Rector, this month we have messages from Nicky in Grundisburgh and Nigel of Otley about the forthcoming Christian Aid Week. Please if you can help, do get in touch.

Most of us are hard wired to try and improve our lives. This may be apparent in the big decisions we make such as continuing with our education, or just in little every day matters like working late in the evening to ensure our children have clean clothes to wear the next day. Increasingly, however we are seeing people across the world, for whom self- improvement comes at a cost- involving the desperate step of leaving their homes.

Christian aid seeks to help improve people's lives so that they do not have to make this terrible decision, so that they can make a decent life for themselves and their families where they are. For example in Bangladesh, where climate change means sea levels are rising, Christian aid is helping people to build homes that are safe from flooding and for one woman who lived in fear of the river near her home, she said, 'What I have received from Christian Aid has changed my life. It is a blessing.'

Nicky Seabrook

Please support this annual fund-raising event. Christian aid week will be held from 15th to 21st May. Donation envelopes will be delivered to each home prior to this period, and collected by volunteers a few days later. It will greatly benefit the total collected if donors also complete the Gift Aid form attached to the envelope. if you can this year by giving generously in the envelope that will be put through each door. Contact Nicky Seabrook on 01473 735131 or Nigel Crowley on 01473 890546 if you would like to help with the distribution or collection of envelopes.

Special Christian Aid themed services will be held in Otley church on Sunday 1st May, and Sunday 15th May. A soup and bread lunch, in aid of Christian Aid, will be served at 10 Spring Park (the home of Pauline and Nigel Crowley), on Tuesday 17th May, from 12.30 pm.

Christian Aid's mission is to ' Follow in Jesus' footsteps, and love every neighbour. To help people in poverty out of poverty.'

Please give generously, thank you.

Nigel Crowley

From the Editor The cut off date for material to be included is the 8th of the month and material should be sent to Clare at revclaresanders@tiscali.co.uk & Amy at bakergirl174@gmail.com please.