

**The Grapevine
News for the parishes of
The Carlford Benefice
October 2016**

"FAITH AND FOOD"



October is Harvest Festival season – the invitation of this time in the Church's year, is to reflect upon the relationship between faith and food.

When you begin to take a look at the biblical narrative, you discover just a few verses into the book of Genesis, that one of the first acts of God is to give the world the gift of food. When you read on into the story of the Israelite people in the wilderness, you find that it is God who ensures that they are fed and watered- with manna and quails and water from the rock.

In the New Testament, the stories of Jesus eating meals with people are many- some provoke controversy, especially his choice of table companions; others challenge understanding of who Jesus is- the feeding of the 5,000; and the story of the Last Supper has shaped the liturgy and worship of the Christian community from the beginning- when Jesus takes bread- the staple of life, fruit of the earth and work of human hands, and wine- fruit of the vine- representing both the sorrows and joys of life, and gives them new significance and meaning.

Food and faith are clearly a partnership, with implications for our daily living.

At Harvest we rejoice and give thanks for the gift of food and the work of human hands, but we also, use the opportunity to signpost the ways in which in this benefice we witness to the food and faith connection. In addition to our support of the foodbank and the work of FIND, we also support a number of other local organisations- such as West Villa- the homeless families unit in Ipswich; local nursing homes and the Salvation Army night shelter, and further afield Farm Africa.

Food poverty is a scandal in an age of plenty, in a country as wealthy as ours. Harvest gives us an opportunity to review our relationship with food, how it is grown; where it comes from; its nutritional value or lack of it; the price we pay and the way in which that figure is shared out between producer and retailer.

Some years ago, a curate shared with me the idea of LOAF- as a set of criteria for thinking about our food purchases - Is it?

L - local

O - organic- healthy food

A - animal friendly

F - fairly traded

I have to admit I don't stick to it rigidly, but it does challenge me to think through the connection between my faith and the food I buy and the refreshments we offer and share in our churches.

In the benefice we run a Fairtrade stall- based in Grundisburgh, but open to all our churches. We can order Fairtrade food in from around the world- whether it be tea/coffee/sugar/pasta/chocolate and it can be collected locally.

Collect a catalogue from the back of Grundisburgh Church and send your order to Pat Fletcher [01473 735775](tel:01473735775).

Food both unites us in family, in community and in church, but it also has the potential to divide us- may we use Harvest to reflect upon the gift of food and the opportunities we have to proclaim our faith through our purchasing and sharing. May we take a quiet moment of two, to contemplate Jesus, who describes himself as the Bread of Life, and who offers his life to us in broken bread and wine outpoured.

Rev'd Clare Sanders

Services across the Carlford Benefice

October 2nd

Habakkuk 1.1-4; 2.1-4, Psalm 37.1-9, 2 Timothy 1.1-14, Luke 17.5-10

8.00am	Holy Communion	Grundisburgh	CS
9.30am	Harvest Festival	Burgh	JW
9.30am	Holy Communion	Hasketon	WG
9.30am	Holy Communion	Swilland	CS
11.00am	Holy Communion	Boulge	JamesH
11.00am	Harvest Festival	Grundisburgh	CS
11.00am	Harvest Festival	Otley	JaneH

October 9th

2 Kings 5.1-3, 7-15c, Psalm 111, 2 Timothy 2.8-15, Luke 17.11-19

8.00am	Holy Communion	Grundisburgh	CS
9.30am	Harvest Festival	Clopton	CS
9.30am	Harvest Festival	Hasketon	WG
11.00am	Harvest Festival and licencing of Lay Elders	Ashbocking	CB
11.00am	Morning Prayer	Boulge	Lay Led
11.00am	Par Eucharist	Grundisburgh	JW

October 16th

Genesis 32.22-31, Psalm 121, 2 Timothy 3.14-4.5, Luke 18.1-8

8.00am	Holy Communion	Grundisburgh	JW
9.30am	Family Holy Communion	Burgh	CS
9.30am	Morning Prayer	Hasketon	Lay Led
9.30am	Holy Communion	Otley	JaneH
11.00am	Holy Communion	Boulge	CS
11.00am	Morning Prayer	Grundisburgh	BH
11.00am	Family Service	Swilland	CB

October 23rd

Ecclesiasticus 35.12-17 or Jeremiah 14.7-10, 19-22, Psalm 84.1-7, 2 Timothy 4.6-8, 16-18, Luke 18.9-14

8.00am	Holy Communion	Grundisburgh	FW
9.30am	Morning Prayer	Burgh	RP
9.30am	Family Holy Communion	Hasketon	FW/JaneW
11.00am	Family Service	Clopton	
11.00am	Family Holy Communion	Grundisburgh	FW/JaneW
6.30pm	Evensong	Otley	

October 30th

Daniel 7.1-3, 15-18, Psalm 149, Ephesians 1.11-23, Luke 6.20-31

11.00am	Benefice Service	Swilland	JamesH
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Key - CS - Clare Sanders, CB - Catherine Beaumont, WG - Wendy Gourlay, FW - Fred Woods, JW - John Waine, BH - Bill Herbert, MS - Mark Sanders, JaneH - Jane Hall, JamesH - James Hall, RP - Richard Pepper, RF - Robert Fletcher, JaneW - Jane Woods, IW - Ian Wilson, PI - Philip Ind, TBC - To be Confirmed

Other Services in October

October 5th	Holy Communion BCP	Grundisburgh	9.30am
October 17th	Holy Communion BCP	Hasketon	9.30am

As a Ministry Team we share the responsibility for pastoral care. First point of contact is:

Ashbocking & Swilland Catherine Beaumont- 01473 890264

Burgh, Boulge & Grundisburgh Clare Sanders 01473 735183

Clopton & Otley Jane Hall 01473 785251

Hasketon Wendy Gourlay 01728 685335

What's On Continued

3rd Beyond Alpha Grundisburgh Parish Rooms 10.30am - 12 noon - details elsewhere

3rd Grundisburgh PILGRIM 7.30pm at the home of Valerie McCuish - 36 Gurdon Rd

3rd Otley and District Gardening Club Otley Village Hall 7.30pm

4th Craft and Coffee at Shrubbery Farm, Hasketon 10.00am - 12 noon

4th Baby Cafe at Grundisburgh Parish Room 9.00am - 10.30am

5th "Going Deeper" Homegroup, Manor Farm, The Green, Ashbocking 10.00am

5th SWAPSHOP Grundisburgh 10.15am - 11.30am meets in the Parish Room

5th Hobbies Group, Clopton 10.00am until noon. Everyone is welcome. If you do not have a hobby just come for a coffee and a chat

6th Exploring Faith - The Upper Room, Grundisburgh 7.00pm - 8.30pm

7th Grundisburgh PILGRIM - the Friday group meet at the home of Mary Bean - Alice Driver Rd 10.00am

7th Ashbocking Coffee Morning - at the home of Pam Simons- Harvest House, The Green. 10.00am

8th Burgh Schoolroom Coffee Morning and Sale in aid of STEPS 10.00am - 12 noon.

10th Prayer Group meets in the Upper Room at 5.00pm

10th Knit and Stitch Burgh Schoolroom 10.30am-12.30pm. All welcome. Details 01473 735544

10th Grundisburgh PILGRIM 7.30pm at the home of Valerie McCuish - 36 Gurdon Rd

10th Explore Christian Faith, Otley 2.00pm - 4.00pm

13th COSA Pastoral Committee

13th Tiddlywinks in Grundisburgh church at 2.30pm. A group for toddlers/babies and their carers

13th Exploring Faith - The Upper Room, Grundisburgh 7.00pm - 8.30pm

14th Grundisburgh PILGRIM - the Friday group meet at the home of Mary Bean - Alice Driver Rd 10.00am

14th Grundisburgh 2.00pm Reader Support Group meet in the Upper Room

14th 2nd Fridays Group 7.15pm Hasketon Victory Hall - See details elsewhere

17th Beyond Alpha Grundisburgh Parish Rooms 10.30am - 12 noon - details elsewhere

19th 10.00am-12 noon Clopton Coffee Morning in the village hall

19th "Going Deeper" Homegroup, Manor Farm, The Green, Ashbocking 10.00am

20th Exploring Faith - The Upper Room, Grundisburgh 7.00pm - 8.30pm

20th Social Bridge Burgh Schoolroom 7.15pm All levels, tuition available 01473 735544

24th Explore Christian Faith, Otley 2.00pm - 4.00pm

27th 10.00am Otley Coffee Morning at the home of David and Tess Papworth

27th Hasketon Community Lunch 12.15pm

27th Tiddlywinks in Grundisburgh church at 2.30pm. A group for toddlers/babies and their carers

31st Beyond Alpha Grundisburgh Parish Rooms 10.30am - 12 noon - details elsewhere

GRUNDISBURGH HARVEST SUPPER

Saturday 1st October

7.00pm



GET CONNECTED

A Harvest Supper with a difference – tickets are free – but you must bring a friend! There are only 25 tickets – so get yours asap in order to avoid disappointment.

If your ticket is pink – please bring a pudding for 8

If your ticket is green – please bring a salad as indicated for 8 people

Vegetarian and GF catered for!

In order to minimise washing up – bring your own plates/bowls/glasses/cutlery

If you want an alcoholic drink – please byo

**Tickets available from
Clare 01473 735183**

HARVEST Lunch

HASKETON

Sunday 9th October

Hasketon Victory Hall

at

12 noon

following 11.00am Harvest Festival Service

Adults £7

Children (under 16) £3.50

Two course meal
with desserts on a bring-and-share basis
(vegetarian option available)

**Contact Claire Harrington on [01394 380644](tel:01394380644)
by Wednesday 5th October**

BURGH HARVEST SUPPER



Saturday 1st October

5.30pm for 6.00pm

The Barn, Burgh House, Burgh Corner, Burgh

Courtesy of Bill & Jacqui Mane

*2 Course hot supper with a glass of wine or soft
drink Vegetarian/gluten free options*

£5.00 adults, £3.50 5-16yrs, under 5's Free

Bill will show a short video
of wildlife in Burgh

**Tickets from Sally 01473 738877
or Anne 01473 735544**

OTLEY HARVEST FESTIVAL



An invitation to

**Otley's Harvest Festival
& Church Parade**

11 am on Sunday 2nd October

Otley church

Please do bring gifts for the
Food Bank & Farm Africa Collection
Please join us for a glass of wine
& nibbles afterwards

'Beyond Alpha' – Autumn 2016

What do we really know about these Bible topics ...?

Held at GRUNDISBURGH PARISH ROOMS, 10.30 – 12.00 on Monday **October 3rd, 17th & 31st**; November 14th & 28th; December 12th

The meetings will be facilitated by Revd Wendy Gourlay. Tea and coffee will be available and a warm welcome to those of faith, agnostic, or atheist.

A small charge of £1 per session covers costs.

We will consider:

- Session 1 – Oct.03rd Group discussion: 'What is Free Will?'
- Session 2 – Oct.17th ppt. Presentation: 'Judas Iscariot –Villain or Hero?'
- Session 3 – Oct.31st ppt. Presentation: 'Beliefs before the Creed'
- Session 4 – Nov.14th Group discussion: 'The Book of Job'
- Session 5 – Nov.28th ppt. Presentation: 'Paul's Epistles?'
- Session 6 – Dec.12th Group discussion: 'Jesus Ransom Sacrifice'

Haven't been along yet, why ever not? Join us this Autumn 2016

Enquiries: Paul on: 01473 738474 or paulwiffen222@btinternet.com

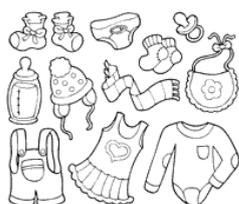
COFFEE MORNING

Come & enjoy coffee & cake in Burgh School room & support the Steps charity which helps children with lower limb disabilities.

There will also be a sale of very good condition baby clothes at very reasonable prices.

Saturday 8th October

10.00am - 12 noon



EXPLORING FAITH

An opportunity to explore faith in God, in relaxed company
The Upper Room Grundisburgh

7.00-8.30pm

October:- 6th, 13th, 20th

For some this may lead to Confirmation; for others it's an opportunity to revisit what faith means for you.

"GOING DEEPER" HOMEGROUP

We meet at Manor Farm to study the Bible, pray, and encourage each other to "go deeper" in our faith in Jesus together.

We meet every **1st & 3rd Wednesday**
at **10.00am till 12.00**

For more details call Jan or Jon Bates on 01473 892605

2ND FRIDAYS
Hasketon Victory Hall

You are very welcome to join us on the second Friday of most months for Ploughman's Supper followed by a talk, or some other entertainment. We start at 7.15pm and entrance is £5 each.

Please let **Katherine Smith – 01473 735579** know by the previous Wednesday if you wish to come, but pay on the door.

October 14th
Henstead Exotic Garden

Owner **Andrew Brogan** will venture down the A12 to give us an entertaining talk about his 2 acres of fully landscaped exotic jungle.

Harvest Festival Across The Benefice

October 2nd

9.30am at **Burgh** with Bp John

11.00am Parade Service at
Grundisburgh

11.00am Parade Service at **Otley**

October 9th

9.30 am at **Clopton**

11.00am at **Ashbocking** - Linda Pollard and Jan Bates will be commissioned as Elders and Archdeacon Ian Morgan - not to be missed - will be preaching and presiding.

11.00am at **Hasketon** with guest speaker Ray Chaplin, a poet and farmer. We also welcome his 'hospital dog' Dice



Tuesday 8th October

9.00-10.30am

Baby Cafe

1st Tuesday of each month

Grundisburgh Parish Room

Free Coffee / Tea / Biscuits

Plenty of buggy parking space

Car parking in back lane – in front of church

For mums / dads / carers / babies / toddlers

Drop older children off at school

and join us

Future dates Nov 1st; Dec 6th



FANCY A COFFEE?



We have opportunities, throughout October, at

Ashbocking – Friday 7th at the home of Pam Simons of Harvest House, The Green, Ashbocking
10.00am – 12 noon

Clopton – Wednesday 19th at the Village Hall
10.00am – 12 noon

Grundisburgh – Saturday 1st 10.30am - 11.45am
and then Wednesday 5th at 10.15am – 11.30am
at Grundisburgh Parish Rooms

Hasketon – Tuesday 4th at Shrubbery Farm,
Hasketon 10.00am – 12 noon

Otley – Thursday 27th at the home of David and Tess Papworth of Lavender House, The Green, Otley
10.00am – 12 noon

Swilland – Saturday 1st at the home of Gina Wilden,
7 High Road, Swilland
10.00am – 11.30am

SIGN POSTING



Trade justice matters



TRAIDCRAFT
Fighting poverty through trade

Stalls

In Grundisburgh Every Month

1st Saturday Coffee Morning 10.30 Parish Room

1st Sunday & 2nd Sunday in St. Mary's
at 12.00 after morning service

Charity Christmas & Greetings Cards

*Chocolate - Grocery - Bamboo Socks
and much more*

Please take a catalogue from St. Mary's

For info contact Pat Fletcher 01473 735 775

HOBBIES GROUP

5th October

Clopton village hall

10.00am until noon

Everyone is welcome – even if you don't have a hobby,
just come for a coffee and chat



A COURSE FOR THE CHRISTIAN JOURNEY

The **PILGRIM** groups in Grundisburgh

On **Monday 3rd and 10th**

7.30pm at the home of Valerie McCuish
36 Gurdon Rd, Grundisburgh

On **Friday 7th and 14th**

10.00am at the home of Mary Bean
Alice Driver Rd, Grundisburgh

Do you want to explore the relevance of the Christian faith today?

Are you free in Otley on the 2nd and 4th Monday afternoons?

2pm – 4pm

Please come and join us

Please contact Jane Woods [01473 890786](tel:01473890786)

Cribfest

Madonna & Child

Grundisburgh

St. Mary's

November 16th - 20th

10am to 5pm

Refreshments
available all day

Otley and District Gardening Club



Patron: Matthew Tanton-Brown

2016-2017 New Season Programme

We meet at 7.30pm, 1st Monday of the month
Otley Village Hall, Chapel Road, Otley
(Invited speakers on a wide range of subjects)

Monday 3rd October

Gardeners Question Time (Matthew Tanton-Brown)

Compare gardening notes over tea, coffee & biscuits

All welcome – Join up or just come along

Admission £1.50 (members) £4.00 (non-members)

Includes refreshments

Annual Membership £10.00

To find out more contact Alan Trevelyan (07706054630)

Jenny Vince (01473 738244) or

Isabel Lincoln (01473 890826)

From the Editor The cut off date for material to be included is the 8th of the month and material should be sent to Clare at revclaresanders@tiscali.co.uk & Amy at bakergirl174@gmail.com please.